

WESLEY SQUARE

PRIVATE GARDEN

LONDON



BIOENERGETIC MEASUREMENTS TO DETECT THE BENEFICIAL EFFECTS OF TREES



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Description of the intervention

During the period between January and March 2020 accurate measurements were carried out in the garden of Wesley Square, using the "Bioenergetic Landscapes" technique.

These investigations allow to assess locally the bio-electromagnetic fields that characterize life in the Biosphere, in men and in plants. Those emitted by trees are of very weak intensity but possess a very high biological affinity. Some of these resonate with each organ of the human body, carrying us different biological informations. Usually we receive this information by being in physical contact with them, for example by touching or hugging them.

The studies carried out with this technique, confirmed by various energetic diagnostic devices, allowed to discover that when specific interactions occur between a tree and some magnetic aspects of the place where it is located, the energetic information of the plant is amplified and spreaded on a large surface extended up to several meters, called "bioenergetic area". Inside it is possible to measure bio-electromagnetic parameters very different from the rest of the surrounding space. Their biological quality, usually very beneficial, depends on a series of factors, and mainly on the species of plant concerned and on some environmental parameters.

The analysis of the garden has highlighted the presence of some trees capable of recreating bioenergetic areas very favorable to the organism and our health, capable to feed constantly all our biological functions in the most intense way possible.

The measuring instrument

The instrument used is called the Lecher antenna. It is a biophysical apparatus invented in Germany in the 1950s by Eng. R. Schneider, and later improved by dr. W. Kunnen of Antwerp, who has perfected its use in the biological field for over 50 years. The instrument was created to measure both the intensity and the biological quality of electromagnetic fields present in the biosphere and emitted by living beings. The "Bioenergetic Landscapes" technique was created by the Italian bio-researcher Marco Nieri, who applied this knowledge and tools in specific studies in the vegetable field. The technique has allowed us to deepen our knowledge of the therapeutic relationship of plants with the human organism in an innovative way. The principle on which the measurement is based is the "bio-resonance": each organ or biological function emits and receives energy from the environment on specific electromagnetic frequencies, which are also generated by trees.

Qualitative and quantitative measurement

The evaluation of the biological quantity and quality of the bioelectromagnetic fields, emitted by trees or by the human organism, involves the measurement of their



intensity on both magnetic polarities with the Lecher antenna. The key parameter is the measure of the intensity on positive polarization (+), according to studies conducted by researchers in the biological field. The values related to health are the following: >19+ = weak or insufficient field strength; 12+ = balance; 1+ = very beneficial; 0.5+ = excellent; 0.1+ = maximum measurable beneficial intensity).

Results and discussion

Three bioenergetic areas have been identified, created from three existing trees: Cherry 1, Cherry 2, Acero negundo. The measures also taken in consideration the direct biological action by physical contact of the large Beech tree, whose position does not create any bioenergetic area of influence.

The beneficial influence generated by plants -both in bioenergetic areas or by contact (i.e. hugging the tree)- was very high on all the biological organs and functions examined (value 1+). From an energetic point of view, this value can be considered as an indication of a "therapeutic" potential, capable of feeding and supporting the specific biological function of the considered organs.

On some organ in particular, even more intense values (from 0.5+ to 0.1+) were detected, such as to consider this electromagnetic influence of extreme biological quality.

It should be noted that in normal conditions, outside these areas, the measured biological values are usually very weak, or disturbing and often aggressive, allowing with difficulty and with a lot of energy expenditure one optimal state of health and biological homeostasis.

Resting and relaxing in these areas of influence is therefore extremely useful for our well-being. The longer the resting is prolonged, the greater the benefit obtained by the body are, and in particular by the organs and functions indicated. It is suggested to sit quietly in each of these areas or in contact with trees for at least 10 minutes.

DETECTION OF INTENSITY AND BIOLOGICAL QUALITY OF BIO-ELECTROMAGNETIC FIELDS GENERATED FROM PLANTS

Measurement carried out with the Lecher antenna on the main human biological organs and functions within the areas of bioenergetic influence of existing trees



ORGANS AND BIOLOGICAL FUNCTIONS TESTED

Large intestine, mucous membranes, prostate, ovaries, bones, eyes-hair-skin, lymphatic system, immune system, liver, uterus, gallbladder, nervous system, stomach, pancreas, metabolism, cardiovascular system, coronary arteries, kidneys, small intestine, duodenum, bladder, adrenal glands, hypothalamus, thyroid, carcinoma (contrasting function), ear, pituitary gland, thymus, rheumatism (contrasting function).

Below is a list of plants detected with bioenergetic functions, and the organs or biological functions they feed with the maximum beneficial intensity (0.5+; 0.1+). For all other organs, the measured intensity value is 1+.

N1 - Cherry (*Prunus avium*), direction: North-South
Ovaries, kidneys, thyroid, pancreas, metabolism

N2 - Cherry (*Prunus avium*), direction: North-South
Mucosal, lymphatic system, uterus, rheumatism (contrasting function), cardiovascular system, coronary, thyroid

W - Maple (*Acer negundo*), direction: West-East
Nervous system, kidneys, pituitary, liver

Beech (*Fagus sylvatica*),
Prostate, eyes-hair-skin, nervous system, cardiovascular system, coronary arteries, bladder, rheumatism (contrasting function)

Marco Nieri



PROFESSIONAL PROFILE

Marco Nieri, ecodesigner and bio-researcher, is one of the greatest experts in habitat health and for over 25 years he has been designing indoor and outdoor spaces oriented towards the creation of well-being with a multidisciplinary vision full of experiences acquired in Italy and abroad on aspects environmental, biological and perceptive of living. His work is inspired by the principles of Psychoarchitecture and tends to respect the integrity and profound needs of man and the environment. For over 15 years he has collaborated with Dr. Walter Kunnen, founder of the Archibo Biological Institute in Antwerp, studying with him the biological effects of the Biosphere on health. He conceived and developed the "Bioenergetic Landscapes", an innovative technique for studying the effects on the human body of plant bio-electromagnetism, creating therapeutic green spaces in Italy and abroad. With his collaborators he created the first european Forest Bathing Trail in Italy with scientific criteria (Oasi Zegna).

He carries out consultancy for Companies for the creation of healthy and more productive work environments, also using plants as well-being tools (Green office).

He is a certified European Forest Bathing trainer and co-founder of the Italian Institute of Forest Therapy Institute FTI.

He holds frequent public lectures and courses on these issues while his articles appear in national and international newspapers and magazines.

Books:

"THE SECRET THERAPY OF TREES", ed. Penguin Random House, USA, 2019

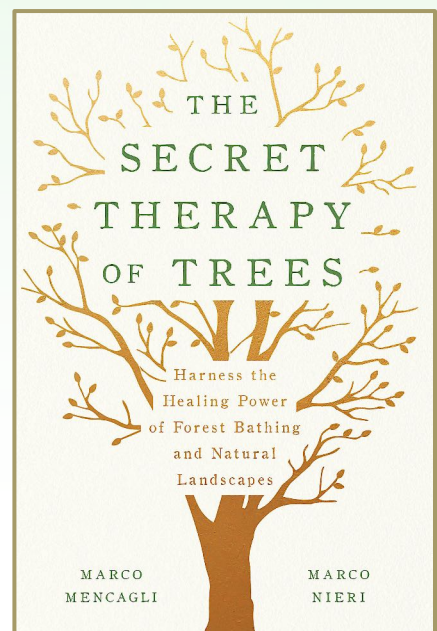
"BIOENERGETIC LANDSCAPE -La progettazione del giardino terapeutico bioenergetico" ed. Sistemi Editoriali, 2009, Italy.

Suoi contributi sono all'interno dei seguenti testi:

"la Pianta e l'Architetto", ed. Sistemi editoriali, 2010;

"Nature Urbane", Editrice Compositori, 2011;

"Manuale del Verde in Architettura", ed. Wolters Kluwer, 2012





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